

BREAKFAST

THE MINI 6.95

Fried egg and cheese on an English muffin with your choice of bacon, ham, sausage, or avocado

BREAKFAST BAGEL 9.95

Fried egg, cheese, tomato, sprouts, your choice of bacon, ham, sausage or avocado, on a toasted bagel with mayo

BREAKFAST CLUB 12.95

Fried egg, bacon, ham, lettuce, tomato and cheddar cheese on toasted bread

ALPINE START 11.95

Two eggs any style, fresh fruit and an order of toast

SUMMIT OATMEAL 10.95

Old-fashioned rolled oats served with raisins, cinnamon, brown sugar and fresh fruit

BREAKFAST PARFAIT 11.95

Home-made granola served with fruit and yogurt

FRENCH TOAST 13.95

Three slabs of French toast served with fresh fruit

TRADITIONAL BREAKFAST 14.95

Two eggs any style, hash browns, toast and your choice of bacon, ham, sausage or avocado

THE BREAKAWAY 15.95

Two eggs any style, avocado, fresh fruit and your choice of bacon, ham or sausage

WAFFLE BREAKFAST 14.95

Two eggs any style, a Belgian waffle and your choice of bacon, ham or sausage

POWER BREAKFAST 17.95

Avocado, tomato and scrambled eggs on a toasted bagel with fresh fruit and hash browns

HUEVOS RANCHEROS 18.95

Two eggs any style, avocado, cheese, hash browns, refried beans, salsa and sour cream, served on a tortilla

EGGS BENEDICT WEEKENDS ONLY 18.95

Two poached eggs on an English muffin with home-made hollandaise sauce, served with fresh fruit and hash browns

CLASSIC (BACK BACON), PACIFIC (SMOKED SALMON), FLORENTINE (SPINACH), CALIFORNIA (AVOCADO & TOMATO)

OMELETTE 16.95

Made to order with your choice of fillings, served with hash browns and toast

BREAKFAST BURRITO 16.95

Scrambled eggs with your choice of fillings rolled in a tortilla, served with salsa, sour cream and hash browns

BOWNESS SCRAMBLE 16.95

Scrambled eggs with your choice of fillings served on a bed of hash browns with toast

THE FILLINGS

**BACON | HAM | SAUSAGE | AVOCADO |
CHEDDAR | SWISS | GOUDA |
PEPPERS | ONIONS | TOMATOES |
MUSHROOMS**

SIDES

TOAST	4.45
TOASTED BAGEL	4.45
AVOCADO	4.95
SLICED TOMATOES	3.95
BACON, HAM, OR SAUSAGE	4.45
ONE EGG ANY STYLE	2.95
HOME FRIED POTATOES	4.45
HASH BROWNS	4.45
CHIPS & SALSA	3.95
FRUIT CUP	4.95
HOLLANDAISE SAUCE	3.95
SOUR CREAM	1.95
CHEESE	1.95
SALSA	1.95
SUBSTITUTE GLUTEN-FREE TOAST FOR \$2.00	

**PLEASE ORDER
AT THE COUNTER**

GROUPS LARGER THAN SIX PLEASE SIT AT SEPARATE TABLES

KIDS

KID'S GRILLED CHEESE 10.95

Melted cheese on grilled whole wheat bread

KID'S QUESADILLA 10.95

Melted cheese in a crispy tortilla

KID'S BREAKFAST 10.95

One egg any style, a slab of French toast and your choice of bacon, ham or sausage

KID'S WAFFLE 7.95

A Belgian waffle served with fresh fruit

WRAPS

VEGGIE 11.95

Avocado, lettuce, tomato, cucumbers, peppers, sprouts and hummus

CLUBHOUSE 14.95

Turkey, bacon, ham, lettuce, tomato, cheddar cheese and mayo

CHICKEN CAESAR 12.95

Sliced chicken breast, bacon, lettuce, onion and caesar dressing

GREEK CHICKEN 13.95

Sliced chicken breast, lettuce, tomato, onion, cucumber, peppers, black olives, feta cheese, tzatziki sauce

BURGERS

SERVED WITH HOME FRIED POTATOES

CLASSIC 15.95

A prime rib patty topped with lettuce, tomato and onion, served on Kaiser bun with mayo and mustard

ADD BACON OR CHEESE FOR \$1.00

CALIFORNIA 17.95

A prime rib patty topped with avocado, tomato, onion, salsa and Swiss cheese, served on Kaiser bun with mayo and mustard

BISON 16.95

A pure bison patty topped with lettuce, tomato and onion, served on Kaiser bun with mayo and mustard

VEGGIE 14.95

A garden vegetable patty topped with lettuce, tomato and onion, served on Kaiser bun with mayo and mustard

SALADS

SERVED WITH GARLIC TOAST

GARDEN SMALL 9.95 LARGE 13.95

Leaf lettuce, tomato, cucumber, sprouts, onions, red and green peppers

CAESAR SMALL 9.95 LARGE 13.95

Crisp romaine lettuce, bacon, croutons, parmesan cheese and caesar dressing

GREEK SMALL 9.95 LARGE 13.95

Crisp romaine lettuce, cucumbers, tomatoes, onions, peppers, black olives and feta cheese

COMMITTEE SMALL 9.95 LARGE 13.95

Crisp romaine lettuce, avocado, oranges, toasted seeds, almonds, red onion and our house vinaigrette



GRILL

SERVED WITH HOME FRIED POTATOES

ALT OR BLT 14.95

Avocado or bacon with lettuce and tomato on toasted bread
Enjoy both for an extra \$1.00

DENVER 14.95

Grilled egg, ham, onions, tomato and peppers served on toasted bread

REUBEN 15.95

Montreal smoked meat, Swiss cheese and sauerkraut on grilled rye bread with thousand island dressing

TUNA MELT 14.95

Tuna salad topped with melted cheese on toasted French bread

CLUBHOUSE 17.95

Turkey, bacon, ham, lettuce, tomato, cheddar cheese on toasted bread with mayo

MONTE CRISTO 15.95

Turkey, ham and Swiss cheese served on lightly grilled bread dipped in egg

TURKEY AVOCADO BLT 17.95

Turkey, avocado, bacon, lettuce, tomato and Swiss cheese, served on toasted rye bread with mayo

GRILLED BACON & CHEESE 15.95

Two types of cheese, crisp bacon and tomato served on grilled whole wheat bread

SOUP

SERVED WITH GARLIC TOAST

HOME MADE SOUP

CUP 6.95 BOWL 8.95

SANDWICHES

BUILD YOUR OWN

HAM | TURKEY | VEGGIE | TUNA SALAD
MONTREAL SMOKED | ROAST BEEF

HALF 8.95 FULL 12.95